

# FIRST AID AT WORK

Eden Training Academy  
Online Training



Legally, employers must provide adequate and appropriate equipment, facilities and personnel to ensure their employees receive immediate attention if they are injured or taken ill at work. Our First Aid at Work e-learning course gives learners the opportunity to undertake online first-aid training and go on to achieve the level 3 award in first aid at work (RQF) or first aid at work at SCQF level 6.

## Areas covered

- Understanding the role and responsibilities of a first-aider
- Assessing an incident
- Managing an unresponsive casualty
- Recognising and assisting a choking casualty
- Managing a casualty – external bleeding and shock
- Managing a casualty – minor injury
- Conducting a secondary survey
- Administering first aid to a casualty with injuries (bones, head and spinal injuries, suspected chest injuries, burns or eye injuries, sudden poisoning or anaphylaxis, or a suspected major illness)



## Who is it aimed at?

The course is ideal for any employee or manager who wishes to become a first-aider in the workplace.



## Key details at a glance

- Duration:** 4 – 5 hours
- Assessment:** Multiple-choice questions
- Certificated:** Yes – Eden and Highfield Completion Certificate
- Support:** 01642 807229  
info@edentrainingacademy.org.uk
- Localisation:** EU legislation within a UK context, but suitable for international businesses that trade with EU and will be subject to the legislation

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