

# LEVEL 2 HEALTH AND SAFETY

Eden Training Academy  
Online Training



An ideal introduction to health and safety for anyone working in a low to medium risk environment. Although it does not provide a qualification itself, it does provide the knowledge and understanding required to go on to achieve a level 2 health and safety qualification.

The nine modules of this course covers the key content and knowledge required to go on to achieve a recognised level 2 health and safety qualification. To achieve a regulated qualification the learner must sit an assessment with a recognised training provider.

## Areas covered



- Accidents including slips, trips and falls
- Legal responsibilities
- Risk assessment
- Hazardous substances (COSHH)
- Workplace health, safety and welfare
- Work equipment
- Fire
- First aid
- Manual handling

## Who is it aimed at?



Ideal for employee inductions or for anyone wishing to go on to achieve a level 2 health and safety qualification.

The course can also be used as part of the on-programme element of the new apprenticeship standards, supporting the knowledge, skills and behaviours apprentices need to effectively integrate into the workplace.

## Key details at a glance



**Duration:** 2 - 3 hours



**Assessment:** Multiple-choice questions



**Certificated:** Yes – Eden and Highfield Completion Certificate



**Support:** 01642 807229  
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**Localisation:** EU legislation within a UK context, but suitable for international businesses that trade with EU and will be subject to the legislation

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